

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Ishmael Lesege

Has successfully participated & completed the

20km Tshufi Hill Challenge Mathaithai Trail Run 2019

held at Lebone College.

**TIME** 02:32:05

**PACE** 07:36/km

**OVERALL** 37 of 70

**GENDER** 33 of 58

**40+** 12 of 17

26 October 2019, Sat

Date

